

**GREENS & GRAINS**

**SMOOTHIES**

**\$5.99**

**MANGO KALE | 270 CALS**

Mango, Fresh Kale, Simple Syrup, Oat Milk

**STRAWBERRY BANANA | 310 CALS**

Strawberry, Banana, Simple Syrup, Oat Milk

**BLUEBERRY STRAWBERRY | 240 CALS**

Blueberry, Strawberry, Simple Syrup, Oat Milk

**TROPICAL GREENS | 170 CALS**

Pineapple, Fresh Kale, Baby Spinach,  
Oat Milk, Ginger Root, Tumeric

*create your own*  
**YOGURT PARFAIT**

**\$5.99**

**CHOOSE 1 GREEK YOGURT FLAVOR,  
2 FRUITS AND 2 TOPPINGS**

additional fruit or toppings +\$0.99

**YOGURT**

Strawberry Nonfat Greek Yogurt | 180 cal

Plain Nonfat Greek Yogurt | 120 cal

Vanilla Nonfat Greek Yogurt | 180 cal

Chia Seed Pudding | 170 cal

**FRUIT**

Mango | 30 cal • Pineapple | 45 cal • Strawberries | 15 cal

Blueberries | 20 cal • Banana | 25 cal

**TOPPINGS**

Cinnamon Brown Sugar Granola | 360 cal • Chia Seeds | 70 cal

Pumpkin Seeds | 110 cal • Sunflower Kernels | 110 cal



# — BROAD ST BREAKFAST MENU —

## BREAKFAST SANDWICHES

MAKE IT A COMBO ADD A SIDE + DRINK FOR +\$2.89

- Ⓢ TOASTED BAGEL WITH YOUR CHOICE OF SPREAD .. 230-380 CALS | \$2.29  
*Your choice of bagel | Plain | 310 cal, everything | 230 cal, made without gluten Udi's bagel | 230 cal*  
*Your choice of spread | Plain cream cheese | 70 cal, veggie | 70 cal, strawberry | 70 cal*
- Ⓢ FRESH FRIED EGG, AMERICAN CHEESE .. 260-360 CALS | \$3.69  
*Served on a english muffin or brioche bun*
- Ⓢ FRESH FRIED EGG, BACON, AMERICAN CHEESE .. 370 CALS | \$4.69  
*Served on a english muffin*
- Ⓢ FRESH FRIED EGG, PORK SAUSAGE, AMERICAN CHEESE .. 530 CALS | \$4.69  
*Served on a croissant*
- Ⓢ FRESH FRIED EGG, TURKEY SAUSAGE, AMERICAN CHEESE .. 460 CALS | \$4.69  
*Served on a bagel | Plain | 310 cal, everything | 230 cal, made without gluten Udi's bagel | 230 cal*
- Ⓢ FRIED JUST EGG®, VEGAN BREAKFAST SAUSAGE .. 530 CALS | \$4.69  
*Served on a bagel | Plain | 310 cal, everything | 230 cal, made without gluten Udi's bagel | 230 cal*

## SIDES

FRESH FRUIT CUP .. 40 CALS | \$2.49

TATER TOTS .. 180 CALS | \$2.49



### MEAL EXCHANGE

includes fountain, Tractor®, or coffee beverage + side

## BUILD YOUR BREAKFAST SANDWICH | \$4.69

Your choice of a fresh fried egg or Just Egg® + american cheese included

### CHOOSE YOUR BREAD

BRIOCHE | 280 CALS

ENGLISH MUFFIN | 110 CALS

CROISSANT | 210 CALS

PLAIN BAGEL | 310 CALS

EVERYTHING BAGEL | 230 CALS

MADE WITHOUT GLUTEN UDI'S BAGEL | 230 CALS

### CHOOSE YOUR MEAT

PORK SAUSAGE | 180 CALS

TURKEY SAUSAGE | 90 CALS

PORK BACON | 120 CALS

VEGAN BREAKFAST SAUSAGE | 140 CALS

**GREENS & GRAINS**



*create your own*  
**SALAD AND GRAIN BOWL**  
**\$9.99**  
Add extra protein +\$3.99 | Additional toppings +\$0.99

**CHOOSE 1 BASE, 1 PROTEIN,  
4 TOPPINGS AND 1 DRESSING**

**BASE**

**CHOOSE GREENS, GRAINS OR 1/2 & 1/2**

- Spring Mix | 10 cals • Baby Spinach | 10 cals
- Chopped Romaine | 10 cals • Red & White Quinoa | 130 cals
- Chilled Farro | 220 cals • Red Lentils | 160 cals

**PROTEIN**

**CHOOSE ONE**

- Shawarma Spiced Flank Steak | 190 cals • Roasted Portobello Mushrooms | 45 cals
- Grilled Lemon Rosemary Chicken Thigh | 160 cals • Cilantro Tofu | 170 cals

**SPREADS AND TOPPINGS**

**CHOOSE 4**

- Tzatziki Sauce | 50 cals • White Bean Spread | 50 cals
- Hummus | 160 cals • Red Beet Hummus | 140 cals
- Roasted Chickpea | 110 cals • Roasted Beets | 50 cals
- Sriracha Edamame | 150 cals • Roasted Sweet Potatoes | 130 cals
- Sumac Roasted Carrots | 120 cals • Chili Lime Cucumbers | 20 cals
- Grape Tomatoes | 15 cals • Chilled Roasted Brussel Sprouts | 80 cals
- Pickled Red Onions | 15 cals • Dried Cranberries | 60 cals
- Sunflower Kernels | 100 cals • Toasted Pumpkin Seeds | 100 cals
- Crispy Shallots | 35 cals • House-made Croutons | 150 cals

**DRESSINGS**

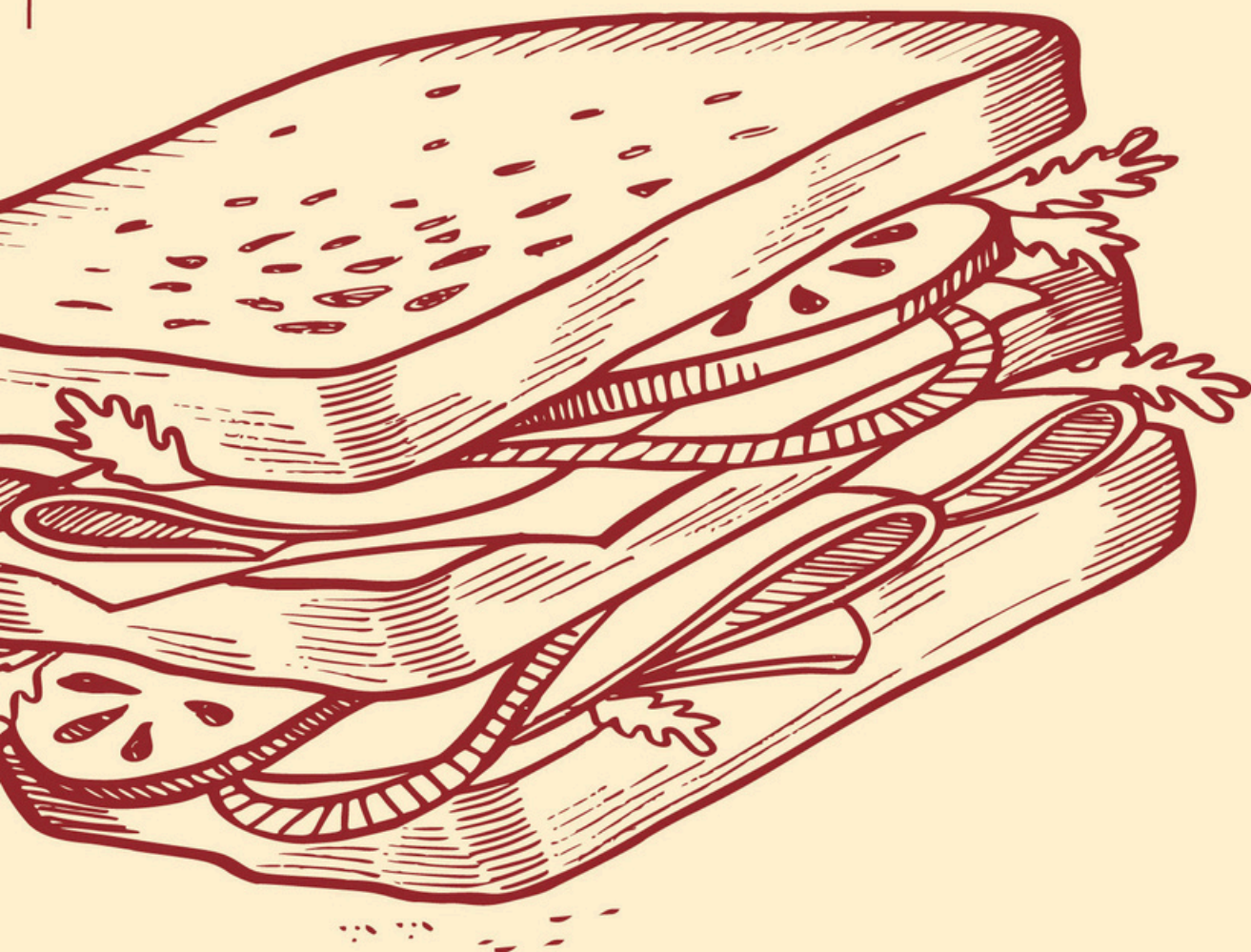
**CHOOSE ONE**

- Orange Balsamic Vinaigrette | 150 cals • Caesar Dressing | 140 cals
- Classic Italian | 200 cals • Ranch Dressing | 150 cals
- Honey Mustard | 140 cals • Vegan Green Goddess | 150 cals

 **ALL INCLUDED IN MEAL EXCHANGE**  
includes fountain, Tractor® or coffee beverage



GREENS & GRAINS



# SANDWICHES

SERVED WITH HOUSEMADE SALT & PEPPER POTATO CHIPS,  
POTATO SALAD OR A FRESH FRUIT CUP

## DENISON GRILLED CHEESE 480 CALS | \$5.99

Swiss, cheddar and provolone,  
served on wheatberry or country white bread

## GET CAPRA-ZAY 630 CALS | \$10.99

Fresh mozzarella topped with sliced tomato,  
arugula, basil pesto, olive oil and  
balsamic glaze, served on a 6" hoagie

## MEDITERRANEAN 460 CALS | \$10.99

Grilled chicken topped with hummus, tomato,  
spinach, cucumber and feta cheese, served on pita bread

## PASTRAMI 740 CALS | \$10.99

Shaved pastrami topped with swiss, pickles,  
spicy brown mustard and mayo, served on a ciabatta roll

## CHICKPEA SALAD SANDWICH 610 CALS | \$10.99

Lemon tahini chickpea salad topped with lettuce,  
tomato, avocado and vegan mayo, served on wheatberry bread

## BLT 600 CALS | \$10.99

Bacon, lettuce, tomato and mayo, served on wheatberry bread

## GRILLED CHICKEN CAESAR WRAP 550 CALS | \$10.99

Chicken, romaine lettuce, red onion, shredded parmesan  
and housemade caesar dressing, folded into a whole wheat wrap

*build your own*

# SANDWICH

SERVED WITH HOUSEMADE SALT & PEPPER POTATO CHIPS,  
POTATO SALAD OR A FRESH FRUIT CUP

## \$10.99

### CHOOSE YOUR BREAD

Wheatberry | 80 cals • Country White | 80 cals  
Pita | 220 cals • 6" Hoagie | 190 cals • Ciabatta | 270 cals  
Whole Wheat Wrap | 290 cals • Spinach Wrap | 360 cals  
Made Without Gluten Udi's Multigrain Bread | 140 cals

### CHOOSE 2 PROTEIN

Salami | 100 cals • Ham | 60 cals • Pastrami | 120 cals  
Sliced Turkey Breast | 80 cals • Chickpea Salad | 170 cals  
Grilled Chicken Breast | 230 cals

### CHOOSE 1 CHEESE

Swiss | 110 cals • Cheddar | 110 cals • Provolone | 70 cals  
Pepper Jack | 100 cals • Fresh Mozzarella | 70 cals • Feta | 80 cals

### CHOOSE 3 TOPPINGS OR SPREADS

Arugula | 5 cals • Baby Spinach | 10 cals  
Sautéed Mushrooms | 100 cals  
Lettuce | 2 cals • Cucumber | 10 cals • Pickles | 0 cals  
Red Onion | 5 cals • Tomato | 10 cals

Brown Mustard | 4 cals • Mayo | 100 cals • Vegan Mayo | 90 cals  
Balsamic Glaze | 70 cals • Olive Oil | 120 cals  
Pesto Hummus | 100 cals • Avocado | 100 cals (+\$1.25)



**ALL INCLUDED IN MEAL EXCHANGE**

includes fountain, Tractor® or coffee beverage

# — BROAD ST LUNCH MENU —

## SANDWICHES

SERVED WITH YOUR CHOICE OF SIDE

Add extra protein +\$2.99

- BLACK BEAN BURGER .. 620 CALS | \$10.99**  
Black bean burger patty topped with arugula, sautéed mushrooms, caramelized onions, honey balsamic glaze and vegan mayo  
*Served on a brioche bun*
- NASHVILLE HOT CHICKEN .. 730 CALS | \$10.99**  
Crispy chicken, Nashville sauce, old fashioned coleslaw and pickles  
*Served on a brioche bun*
- GRILLED AVOCADO CHICKEN .. 990 CALS | \$10.99**  
Grilled chicken breast topped with arugula, pepper jack cheese, tomato, avocado and chipotle mayo  
*Served on a brioche bun*

## SIDES

- CHILI LIME CUCUMBER SALAD .. 20 CALS | \$2.49**  
Lime ancho chili vinaigrette, cucumber, red onion and cilantro
- RED SKIN POTATO SALAD .. 240 CALS | \$2.49**  
Red potato, egg, celery, onion and mayo
- HOUSEMADE SALT AND PEPPER POTATO CHIPS .. 220 CALS | \$2.49**

### MEAL EXCHANGE

includes fountain, Tractor®, or coffee beverage + side

- BROADSTREET CHICKEN STACK .. 620 CALS | \$10.99**  
Grilled chicken breast topped with provolone cheese, fresh arugula, tomato jam and garlic aioli  
*Served on a ciabatta roll*
- SOUTHERN SMOKEHOUSE BURGER .. 775 CALS | \$10.99**  
Beef patty topped with cheddar cheese, crispy fried onions, bbq sauce and garlic aioli  
*Served on a brioche bun*
- FARMHOUSE BURGER...\$10.99**  
Fresh beef patty topped with a fried egg, sautéed mushrooms, bacon jam and garlic aioli  
*Served on a brioche bun*

**CRISPY HOMESTYLE FRENCH FRIES .. 300 CALS | \$2.49**

**CRISPY SWEET POTATO TATER TOTS .. 180 CALS | \$2.49**

**FRESH FRUIT CUP .. 40 CALS | \$2.49**

## BUILD YOUR SANDWICH | \$10.99

CHOOSE: Bread, 1 protein, 3 toppings and 1 sauce

SERVED WITH YOUR CHOICE OF SIDE

### BREAD

- \*BRIOCHE BUN | 280 CALS
- \*CIABATTA ROLL | 270 CALS
- \*MADE WITHOUT GLUTEN UDI'S BAGEL | 240 CALS

### SAUCES

- \*VEGAN MAYO | 90 CALS
- \*BALSAMIC GLAZE | 70 CALS
- \*GARLIC AIOLI | 200 CALS
- \*CHIPOTLE MAYO | 210 CALS
- \*BBQ SAUCE | 70 CALS

### PROTEINS

Add extra protein +\$2.99

- \*BEEF BURGER PATTY | 290 CALS
- \*GRILLED CHICKEN BREAST | 230 CALS
- \*CRISPY CHICKEN | 260 CALS
- \*BLACK BEAN PATTY | 180 CALS
- \*BEYOND® BURGER | 240 CALS

### TOPPINGS

- \*AMERICAN CHEESE | 100 CALS
- \*PROVOLONE CHEESE | 80 CALS
- \*CHEDDAR CHEESE | 90 CALS
- \*SWISS CHEESE | 110 CALS
- \*PEPPER JACK CHEESE | 100 CALS
- \*VEGAN CHEDDAR CHEESE | 50 CALS
- \*ARUGULA | 5 CALS
- \*TOMATO | 10 CALS
- \*PICO DE GALLO | 10 CALS
- \*SAUTÉED MUSHROOMS | 120 CALS
- \*CAMELIZED ONIONS | 25 CALS
- \*FIRE ROASTED JALAPENOS | 25 CALS
- \*PICKLED RED ONION | 15 CALS
- \*LETTUCE | 2 CALS
- \*BACON (+\$0.99) | 120 CALS
- \*CRISPY FRIED ONIONS | 35 CALS
- \*BACON JAM | 80 CALS
- \*AVOCADO (+\$0.99) | 100 CALS
- \*FRIED EGG (+\$0.99) | 90 CALS

# — BROAD ST POWER BOWL —

## \$10.99

### CUSTOMIZE IT

#### PROTEINS

Add extra protein +\$2.99

- \*BEEF BURGER PATTY | 290 CALS
- \*GRILLED CHICKEN BREAST | 230 CALS
- \*CRISPY CHICKEN | 260 CALS
- \*BLACK BEAN PATTY | 180 CALS
- \*BEYOND® BURGER | 240 CALS

#### SAUCES

- \*VEGAN MAYO | 90 CALS
- \*BALSAMIC GLAZE | 70 CALS
- \*GARLIC AIOLI | 200 CALS
- \*CHIPOTLE MAYO | 210 CALS
- \*BBQ SAUCE | 70 CALS

#### TOPPINGS

- \*SAUTÉED MUSHROOMS | 120 CALS
- \*CAMELIZED ONIONS | 25 CALS
- \*FIRE ROASTED JALAPENOS | 25 CALS
- \*PICKLED RED ONION | 15 CALS
- \*CRISPY FRIED ONIONS | 35 CALS
- \*GUACAMOLE | 20 CALS
- \*AMERICAN CHEESE | 100 CALS
- \*PROVOLONE CHEESE | 80 CALS
- \*CHEDDAR CHEESE | 90 CALS
- \*SWISS CHEESE | 110 CALS
- \*VEGAN CHEDDAR CHEESE | 50 CALS
- \*ARUGULA | 5 CALS
- \*PICO DE GALLO | 10 CALS
- \*FRIED EGG (+\$0.99) | 90 CALS

### HOW IT WORKS

- ✓ ALL POWER BOWLS ARE SERVED ON JASMINE RICE | 140 CALS
- ✓ PICK A PROTEIN
- ✓ TOP IT HOW YOU LIKE IT
- ✓ SAUCE IT UP
- ✓ ENJOY!



**MEAL EXCHANGE**

includes fountain, Tractor®, or coffee beverage + side