



SMOOTHIES

\$5.99

MANGO KALE | 260 CAL  

mango, kale, simple syrup, oat milk

STRAWBERRY BANANA | 310 CAL  

strawberry, banana, simple syrup, oat milk

BLUEBERRY STRAWBERRY | 230 CAL  

blueberry, strawberry, simple syrup, oat milk

PINEAPPLE SPINACH | 120 CAL  

pineapple, spinach, simple syrup, oat milk

MIXED BERRY | 150 CAL  

strawberry, blueberry, raspberry, blackberry, orange juice

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

 Vegetarian  Vegan  Made Without Gluten

create your own YOGURT PARFAIT

\$5.99

CHOOSE 1 GREEK YOGURT FLAVOR,
2 FRUITS AND 2 TOPPINGS

additional fruit or toppings +\$0.99

YOGURT

Strawberry Nonfat Greek Yogurt | 170 cal  

Plain Nonfat Greek Yogurt | 120 cal  

Vanilla Nonfat Greek Yogurt | 170 cal  

Chia Seed Pudding | 110 cal  

FRUIT

Mango | 25  

Blueberries | 20 cal  

Pineapple | 25 cal  

Banana | 25 cal  

Strawberries | 10 cal  

TOPPINGS

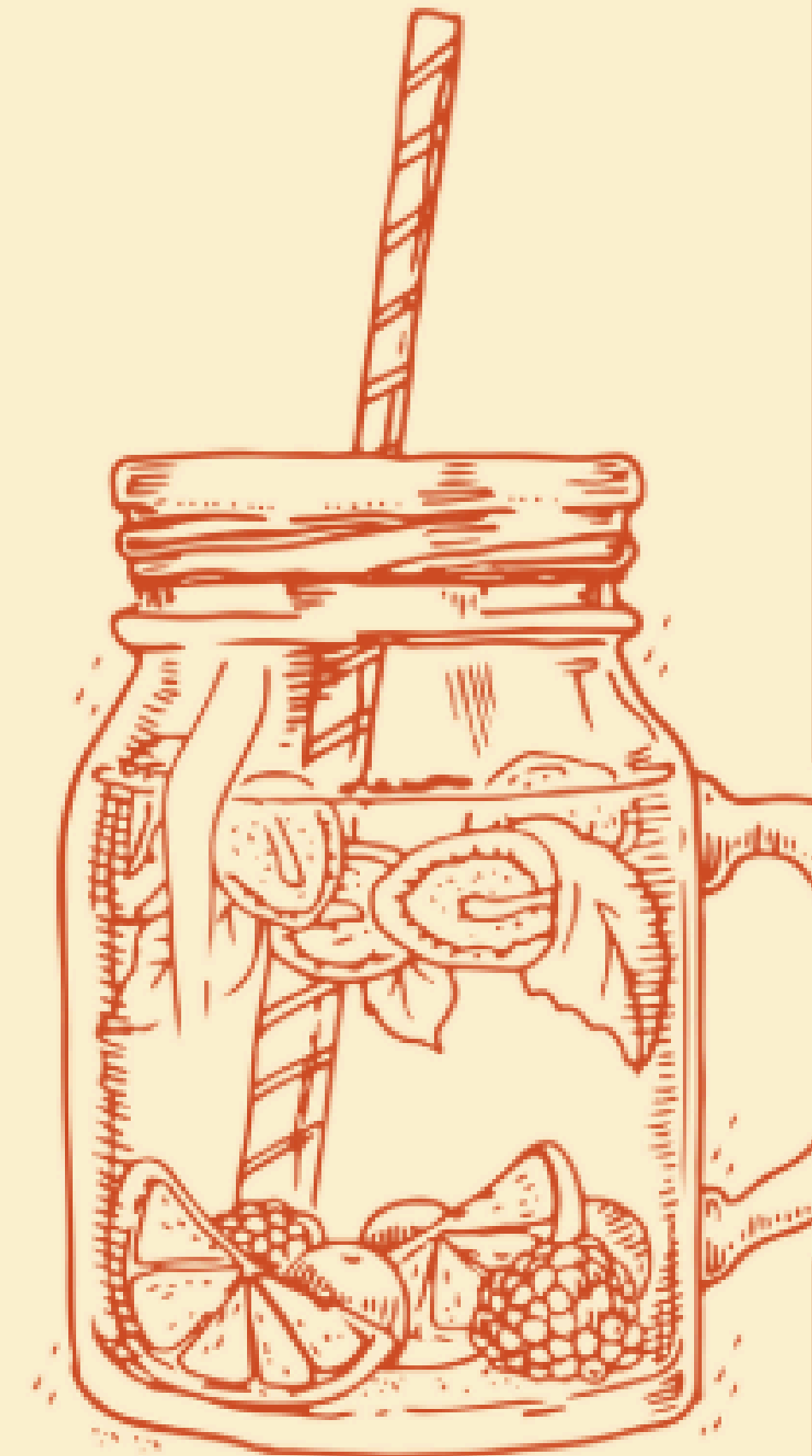
Chia Seeds | 50 cal  

Pumpkin Seeds | 50 cal  

Cinnamon Brown

Sunflower Kernels | 50 cal  

Sugar Granola | 360 cal 



— BROAD ST BREAKFAST MENU —

BREAKFAST SANDWICHES

MAKE IT A COMBO ADD A SIDE + DRINK FOR +\$3.89

TOASTED BAGEL WITH YOUR CHOICE OF SPREAD — \$2.49

Your choice of bagel | plain, everything, made without gluten Udi's bagel

Your choice of spread | plain cream cheese, veggie, strawberry | 70 CALS

FRESH FRIED EGG, AMERICAN CHEESE — 250 CAL | \$3.89 

Served on an english muffin

FRESH FRIED EGG, BACON, AMERICAN CHEESE — 310 CAL | \$4.89

Served on an english muffin

FRESH FRIED EGG, PORK SAUSAGE, AMERICAN CHEESE — 530 CAL | \$4.89

Served on a croissant

FRESH FRIED EGG, TURKEY SAUSAGE, AMERICAN CHEESE — 460 CAL | \$4.89

Served on a bagel | plain, everything, made without gluten Udi's bagel

FRIED JUST EGG®, VEGAN BREAKFAST SAUSAGE — 530 CAL | \$4.89 

Served on your choice of plain bagel or english muffin

SIDES

TATER TOTS — 180 CAL | \$2.69  

FRESH FRUIT CUP — 70 CAL | \$2.69  



BUILD YOUR BREAKFAST SANDWICH | \$4.89

Your choice of a fresh fried egg or Just Egg® + american cheese included

CHOOSE YOUR BREAD

ENGLISH MUFFIN | 110 CAL 

CROISSANT | 210 CAL 

PLAIN BAGEL | 230 CAL 

EVERYTHING BAGEL | 310 CAL 

MADE WITHOUT GLUTEN UDI'S BAGEL | 300 CAL  

CHOOSE YOUR PROTEIN

PORK SAUSAGE | 180 CAL 

TURKEY SAUSAGE | 90 CAL 

PORK BACON | 120 CAL 

VEGAN BREAKFAST SAUSAGE | 140 CAL  

MEAL EXCHANGE

Includes a choice of side along with choice of 18oz coffee, fountain beverage, or Tractor® beverage



MEAL EXCHANGE

includes choice of side and a fountain,
Tractor® beverage, or coffee

— BROAD ST LUNCH MENU —

SANDWICHES

Add extra protein +\$3.99

CLASSIC BURGER — 690 CAL | \$8.99

fresh beef patty topped with lettuce, tomato,
red onion, pickles, mustard, American cheese
served on a potato bun

NASHVILLE HOT CHICKEN — 830 CAL | \$8.99

crispy chicken, Nashville spice,
jalapeño coleslaw and pickles
served on a potato bun

BEYOND BURGER — 460 CAL | \$8.99

beyond burger, lettuce, and tomatoes
served on a potato bun

CALIFORNIA TURKEY BURGER— 540 CAL | \$8.99

turkey burger with pepper jack cheese, pico de gallo and avocado
served on a potato bun

GRILLED CHICKEN AVOCADO — 1000 CAL | \$9.99

grilled chicken breast topped with arugula, pepper jack cheese,
tomato, avocado and chipotle mayo
served on a potato bun

PHILLY CHEESESTEAK— 810 CAL | \$9.99

thinly sliced beef steak, provolone cheese, peppers and onions
served on a hoagie

SIDES

TATER TOTS — 450 CAL | \$2.69

JALAPENO COLESLAW — 150 CAL | \$2.69

creamy coleslaw with a kick of fire roasted jalapenos, cilantro
and cumin

FRESH FRUIT CUP — 70 CAL | \$2.69

HOMESTYLE MACARONI SALAD — 250 CAL | \$2.69

elbow macaroni, celery, bell pepper, and green onions
blended in a creamy vegan mayonnaise dressing

CRISPY HOMESTYLE FRENCH FRIES — 305 CAL | \$2.69

BUILD YOUR SANDWICH | \$8.99

CHOOSE 1 BREAD, 1 PROTEIN, 1 SAUCE AND 3 TOPPINGS

BREAD

POTATO BUN | 220 CAL

CIABATTA ROLL | 270 CAL

MADE WITHOUT GLUTEN

UDI'S BUN | 240 CAL

SAUCES

VEGAN MAYO | 180 CAL

BALSAMIC GLAZE | 70 CAL

GARLIC AIOLI | 200 CAL

CHIPOTLE MAYO | 220 CAL

HONEY MUSTARD | 300 CAL

PROTEIN

BEEF BURGER PATTY | 390 CAL

GRILLED CHICKEN BREAST | 310 CAL

CRISPY CHICKEN | 340 CAL

SPICY BLACK BEAN PATTY | 170 CAL

TOPPINGS

WHITE AMERICAN CHEESE | 100 CAL

PROVOLONE CHEESE | 80 CAL

CHEDDAR CHEESE | 110 CAL

SWISS CHEESE | 110 CAL

PEPPER JACK CHEESE | 100 CAL

VEGAN CHEDDAR
CHEESE | 100 CAL

ARUGULA | 0 CAL

TOMATO | 10 CAL

SAUTÉED MUSHROOMS | 80 CAL

CARAMELIZED ONIONS | 110 CAL

CHAR-GRILLED JALAPENOS | 25 CAL

PICKLED RED ONION | 15 CAL

LETTUCE | 0 CAL

CRISPY FRIED ONIONS | 30 CAL

BACON (+\$1.29) | 120 CAL

AVOCADO SPREAD (+\$1.29) | 90 CAL

FRIED EGG (+\$.99) | 90 CAL

MEAL EXCHANGE

includes a fountain or Tractor® beverage, or coffee

GREENS & GRAINS

signature salads

CAESAR SALAD — \$10.49 | 480 CAL

Chopped Romaine Lettuce, Shredded Parmesan Cheese,
Scratch Made Croutons, Caesar Dressing

**served with your choice of protein

GARDEN SALAD — \$10.49 | 80 CAL

Spring Mix, Mini Roma Tomatoes,
Fresh Cucumbers, Shredded Carrots and Choice of Dressing

**served with your choice of protein

CHEF SALAD — \$10.49 | 340 CAL

Romaine Lettuce Turkey, Ham, Swiss Cheese, Cheddar Cheese
and Scratch Made Croutons

**served with your choice of dressing

create your own SALAD AND GRAIN BOWL

\$10.49

add extra protein +\$3.99 | additional toppings +\$0.99

CHOOSE 1 BASE, 1 PROTEIN,
4 TOPPINGS AND 1 DRESSING

BASE

CHOOSE GREENS, GRAINS OR 1/2 & 1/2

Arcadian Mix | 10 cal

Baby Spinach | 25 cal

Chopped Romaine | 35 cal

Chilled Farro | 650 cal

Red & White Quinoa | 400 cal

PROTEIN

CHOOSE 1

Lemon Rosemary Chicken
Breast | 180 cal

Chipotle Tofu | 240 cal

Roasted Balsamic Portobello
Mushrooms | 60 cal

SPREADS AND TOPPINGS

CHOOSE 4

Sharp Cheddar
Cheese | 110 cal

Roasted Chickpeas | 110 cal

Roasted Sweet Potatoes | 60 cal

Sumac Roasted Carrots | 50 cal

Pickled Cucumbers | 10 cal

Scratch Made Croutons | 60 cal

Toasted Pumpkin Seeds | 50 cal

Chilled Farro | 220 cal

Red and White Quinoa | 130 cal

Crispy Onions | 60 cal

Pickled Red Onions | 15 cal

Hummus | 80 cal

Dried Cranberries | 65 cal

Sunflower Kernels | 50 cal

Roasted Beets | 30 cal

DRESSINGS

CHOOSE 1

Citrus Balsamic
Vinaigrette | 210 cal

Caesar Dressing | 270 cal

Vegan Green Goddess | 300 cal

Ranch Dressing | 310 cal

Honey Mustard | 300 cal

Classic Italian | 300 cal



SANDWICHES

SERVED WITH JALAPENO COLESLAW, SCRATCHMADE SALT & PEPPER POTATO CHIPS, HOMESTYLE MACARONI SALAD OR A FRESH FRUIT CUP

DENISON GRILLED CHEESE — \$5.99 | 360 CAL

swiss, cheddar and provolone served on sourdough

GET CAPRA-ZAY — \$11.49 | 620 CAL

fresh mozzarella topped with sliced tomato, arugula, basil pesto and balsamic glaze, served on ciabatta

ITALIAN — \$11.49 | 750 CAL

ham, salami, sliced pepperoni, mozzarella cheese, lettuce, tomato, red onions, banana peppers and Italian dressing served on 8" hoagie

TURKEY BLT — \$11.49 | 460 CAL

slice turkey breast, pork bacon, lettuce and tomato served on wheatberry bread

PESTO CHICKEN WRAP — \$11.49 | 580 CAL

chicken, pesto, balsamic, provolone, arugula and tomato in tortilla wrap

TUNA SALAD — \$11.49 | 570 CAL

tuna salad, lettuce and tomato served on wheatberry bread

 *build your own*

SANDWICH

\$11.49

SERVED WITH JALAPENO COLESLAW, SCRATCHMADE SALT & PEPPER POTATO CHIPS, HOMESTYLE MACARONI SALAD OR A FRESH FRUIT CUP

CHOOSE YOUR BREAD

8" Hoagie | 260 cal 

Sourdough | 160 

Ciabatta | 270 cal 

12" Wheat Wrap | 290 cal 

Wheatberry Bread | 160 cal 

Made Without Gluten Udi's Multigrain Bread | 140 cal  

CHOOSE 2 PROTEIN

Tuna Salad | 300 cal 

Sliced Turkey Breast | 100 cal 

Chickpea Salad | 140 cal  

Grilled Chicken Breast | 310 cal 

Salami | 460 cal 

Ham | 150 cal 

Chipotle Tofu | 240 cal  

MEAL EXCHANGE

includes a fountain or Tractor® beverage, or coffee

GREENS & GRAINS

CHOOSE 1 CHEESE

Cheddar | 110 cal  

Provolone | 80 cal  

White American | 100 cal  

Vegan Sliced Cheddar | 50 cal 

Pepper Jack | 100 cal  

Fresh Mozzarella | 70 cal  

Feta | 80 cal  

Swiss | 110 cal  

CHOOSE 3 TOPPINGS OR SPREADS

Arugula | 0 cal  

Baby Spinach | 10 cal  

Cherry Peppers | 10 cal  

Red Onion | 5 cal  

Lettuce | 0 cal  

Cucumber | 10 cal  

Tomato | 10 cal  

Pickles | 0 cal  

Brown Mustard | 0 cal  

Mayo | 100 cal  

Vegan Mayo | 90 cal  

Balsamic Glaze | 70 cal  

Olive Oil | 130 cal  

Pesto | 100 cal  

Hummus | 100 cal  

Avocado | 120 cal   (+\$1.49)

sides

JALAPENO COLESLAW | 150 CAL  

SCRATCHMADE SALT & PEPPER POTATO CHIPS | 530 CAL 

HOMESTYLE MACARONI SALAD | 250 CAL 

FRESH FRUIT CUP | 70 CAL  





MEAL EXCHANGE

includes a fountain or
Tractor® beverage, or coffee



BUILD YOUR OWN MAC & CHEESE BOWL | \$11.99

— served with garlic toast or made without gluten roll —

CHOOSE (1) BASE

Classic Mac & Cheese 650 cal 

contains: wheat, gluten, milk, soy

Gluten Free Mac 600 cal  

& Cheese

contains: milk

CHOOSE (1) PROTEIN

Jalapeno Cheddar 290 cal 

Smoked Sausage

contains: milk

Braised Buffalo 460 cal 

Chicken

contains: milk

Vegan Chorizo 160 cal  

contains: soy

CHOOSE (3) TOPPINGS

Blue Cheese Crumbles 100 cal  

contains: milk

Feta Cheese Crumbles 85 cal  

contains: milk

Diced Jalapenos 10 cal  

Bacon 60 cal 

Sun Dried Tomatoes 70 cal  

Green Onions 5 cal  

Guacamole 30 cal  

Pico de Gallo 10 cal  

CHOOSE (1) SAUCE

Sour Cream 60 cal  

contains: milk

Honey Chipotle Mayo 210 cal  

contains: egg

Buffalo Ranch 40 cal  

contains: egg, milk

Hot Honey 45 cal  

Ghost Pepper 45 cal  

Hot Honey

CHOOSE (1) CRUNCH

French Fried Onion 60 cal 

contains: wheat

Crumbled Cheez-It 200 cal 

with garlic and parmesan®

contains: wheat, milk, soy

Crushed Fritos® and 200 cal  

Pepper Jack

contains: milk

Crushed Flamin' Hot 200 cal  

Cheetos® and Cheddar

contains: milk

SIDE (1)

Garlic Toast 140 cal 

contains: milk, wheat, soy

Made without gluten 100 cal  

roll

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



Vegetarian



Vegan



Made Without Gluten

MAC

IT UP