



THE NEST



MEAL EXCHANGE

includes a canned soda or water

CHIPS & DIPS

CHIPS & SALSA — \$3.99 | 310 CAL  

salsa served with tortilla chips

CHIPS & GUACAMOLE — \$4.99 | 340 CAL  

guacamole served with tortilla chips

CHIPS & QUESO — \$4.99 | 530 CAL  

queso served with tortilla chips

FLATBREADS & SANDWICHES

 **PEPPERONI FLATBREAD — \$8.99 | 550 CAL**

topped with red sauce, mozzarella and pepperoni

 **VEGGIE FLATBREAD — \$8.99 | 430 CAL** 

topped with red sauce, mozzarella, sliced black olives, banana peppers, roasted onions and roasted mushrooms

 **MARGHERITA FLATBREAD — \$9.99 | 540 CAL** 

topped with marinara sauce, fresh mozzarella, fresh tomatoes and basil

PHILLY CHICKEN CHEESESTEAK — \$9.99 | 560 CAL

chicken, peppers and onions, provolone cheese on a 8" hoagie

CHEESE QUESADILLA — \$7.99 | 570 CAL 

melted cheddar cheese on a 12" flour tortilla served with sour cream and salsa

SIDES

MAC & CHEESE — \$5.99 | 320 CAL 

SWEETS

 **MOLTEN LAVA CAKE — \$6.99 | 850 CAL** 

served with vanilla ice cream and chocolate syrup

NUTELLA® FLATBREAD — \$8.99 | 780 CAL

flatbread topped with nutella, marshmallows, graham crackers and chocolate syrup

BIG RICE KRISPY TREAT — \$2.99 | 230 CAL 



BUILD YOUR OWN MAC & CHEESE OR NACHOS — \$11.99 | 650 - 690 cal

choice of creamy white cheddar mac & cheese or nachos
topped with your choice of protein and toppings

**nachos include cheese and salsa | additional toppings +\$0.99*

CHOOSE (1) PROTEIN

Grilled Chicken | 45 cal 

Bacon | 70 cal 

Beyond® Crumbles | 50 cal 

CHOOSE (1) SAUCE

Guacamole | 60 cal  

Sour Cream | 60 cal  

BBQ Sauce | 70 cal  

CHOOSE (2) TOPPINGS

Roasted Onions | 30 cal  

Sun-dried Tomatoes | 50 cal  

Banana Peppers | 5 cal  

Sliced Black Olives | 5 cal  

Jalapeño Slices | 5 cal  

Scallions | 5 cal  

