



SMOOTHIES

\$5.99

MANGO KALE | 260 CAL  

mango, kale, simple syrup, oat milk

STRAWBERRY BANANA | 310 CAL  

strawberry, banana, simple syrup, oat milk

BLUEBERRY STRAWBERRY | 230 CAL  

blueberry, strawberry, simple syrup, oat milk

PINEAPPLE SPINACH | 120 CAL  

pineapple, spinach, simple syrup, oat milk

MIXED BERRY | 150 CAL  

strawberry, blueberry, raspberry, blackberry, orange juice

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

 Vegetarian  Vegan  Made Without Gluten

create your own YOGURT PARFAIT

\$5.99

CHOOSE 1 GREEK YOGURT FLAVOR,
2 FRUITS AND 2 TOPPINGS

additional fruit or toppings +\$0.99

YOGURT

Strawberry Nonfat Greek Yogurt | 170 cal  

Plain Nonfat Greek Yogurt | 120 cal  

Vanilla Nonfat Greek Yogurt | 170 cal  

Chia Seed Pudding | 110 cal  

FRUIT

Mango | 25  

Blueberries | 20 cal  

Pineapple | 25 cal  

Banana | 25 cal  

Strawberries | 10 cal  

TOPPINGS

Chia Seeds | 50 cal  

Pumpkin Seeds | 50 cal  

Cinnamon Brown

Sunflower Kernels | 50 cal  

Sugar Granola | 360 cal 



— BROAD ST BREAKFAST MENU —

BREAKFAST SANDWICHES

MAKE IT A COMBO ADD A SIDE + DRINK FOR +\$3.89

TOASTED BAGEL WITH YOUR CHOICE OF SPREAD — \$2.49

Your choice of bagel | plain, everything, made without gluten Udi's bagel

Your choice of spread | plain cream cheese, veggie, strawberry | 70 CALS

FRESH FRIED EGG, AMERICAN CHEESE — 250 CAL | \$3.89 

Served on an english muffin

FRESH FRIED EGG, BACON, AMERICAN CHEESE — 310 CAL | \$4.89

Served on an english muffin

FRESH FRIED EGG, PORK SAUSAGE, AMERICAN CHEESE — 530 CAL | \$4.89

Served on a croissant

FRESH FRIED EGG, TURKEY SAUSAGE, AMERICAN CHEESE — 460 CAL | \$4.89

Served on a bagel | plain, everything, made without gluten Udi's bagel

FRIED JUST EGG®, VEGAN BREAKFAST SAUSAGE — 530 CAL | \$4.89 

Served on your choice of plain bagel or english muffin

SIDES

TATER TOTS — 180 CAL | \$2.69  

FRESH FRUIT CUP — 70 CAL | \$2.69  



BUILD YOUR BREAKFAST SANDWICH | \$4.89

Your choice of a fresh fried egg or Just Egg® + american cheese included

CHOOSE YOUR BREAD

ENGLISH MUFFIN | 110 CAL 

CROISSANT | 210 CAL 

PLAIN BAGEL | 230 CAL 

EVERYTHING BAGEL | 310 CAL 

MADE WITHOUT GLUTEN UDI'S BAGEL | 300 CAL  

CHOOSE YOUR PROTEIN

PORK SAUSAGE | 180 CAL 

TURKEY SAUSAGE | 90 CAL 

PORK BACON | 120 CAL 

VEGAN BREAKFAST SAUSAGE | 140 CAL  

MEAL EXCHANGE

Includes a choice of side along with choice of 18oz coffee, fountain beverage, or Tractor® beverage



MEAL EXCHANGE

Includes choice of side and a fountain,
Tractor[®] beverage, or coffee

SANDWICHES

Add extra protein +\$2.99

CLASSIC BURGER — 680 CAL | \$8.99

fresh beef patty topped with lettuce, tomato,
red onion, pickles and mustard
served on a potato bun

NASHVILLE HOT CHICKEN — 830 CAL | \$8.99

crispy chicken, Nashville spice,
jalapeño coleslaw and pickles
served on a potato bun

TERIYAKI CHICKEN SANDWICH — 980 CAL | \$8.99

chicken breast, teriyaki pineapple chutney
and jalapeño coleslaw
served on a potato bun

CALIFORNIA TURKEY BURGER — 540 CAL | \$8.99

turkey burger with pepper jack cheese, pico de gallo and avocado
served on a potato bun

GRILLED CHICKEN AVOCADO — 1000 CAL | \$9.99

grilled chicken breast topped with arugula, pepper jack cheese,
tomato, avocado and chipotle mayo
served on a potato bun

FARMHOUSE BURGER — 1100 CAL | \$9.99

fresh beef patty topped with a fried egg, sautéed mushrooms,
bacon jam and garlic aioli
served on a potato bun

SIDES

SWEET POTATO POBLANO

SALAD — 110 CAL | \$2.69

lime ancho chili vinaigrette, cucumber, red onion and cilantro

HOMESTYLE MACARONI

SALAD — 250 CAL | \$2.69

elbow macaroni, celery, bell pepper, and green onions
blended in a creamy vegan mayonnaise dressing

CRISPY HOMESTYLE

FRENCH FRIES — 305 CAL | \$2.69

CRISPY SWEET POTATO TOTS — 440 CAL | \$2.69

JALAPENO COLESLAW — 150 CAL | \$2.69

creamy coleslaw with a kick of fire roasted jalapeños, cilantro
and cumin

FRESH FRUIT CUP — 70 CAL | \$2.69

— BROAD ST LUNCH MENU —

BUILD YOUR SANDWICH | \$8.99

CHOOSE 1 BREAD, 1 PROTEIN, 1 SAUCE AND 3 TOPPINGS

BREAD

POTATO BUN | 220 CAL

CIABATTA ROLL | 270 CAL

MADE WITHOUT GLUTEN

UD'S BUN | 240 CAL

SAUCES

VEGAN MAYO | 180 CAL

BALSAMIC GLAZE | 70 CAL

GARLIC AIOLI | 200 CAL

CHIPOTLE MAYO | 220 CAL

TERIYAKI PINEAPPLE
CHUTNEY | 100 CAL

HONEY MUSTARD | 300 CAL

PROTEIN

BEEF BURGER PATTY | 390 CAL

GRILLED CHICKEN BREAST | 310 CAL

CRISPY CHICKEN | 340 CAL

SPICY BLACK BEAN PATTY | 170 CAL

TOPPINGS

WHITE AMERICAN CHEESE | 100 CAL

PROVOLONE CHEESE | 80 CAL

CHEDDAR CHEESE | 110 CAL

SWISS CHEESE | 110 CAL

PEPPER JACK CHEESE | 100 CAL

VEGAN CHEDDAR
CHEESE | 100 CAL

ARUGULA | 0 CAL

TOMATO | 10 CAL

SAUTÉED MUSHROOMS | 80 CAL

CARAMELIZED ONIONS | 110 CAL

CHAR-GRILLED JALAPENOS | 25 CAL

PICKLED RED ONION | 15 CAL

LETTUCE | 0 CAL

CRISPY FRIED ONIONS | 30 CAL

BACON (+\$1.29) | 120 CAL

BACON JAM (+\$.50) | 100 CAL

AVOCADO SPREAD (+\$1.29) | 90 CAL

FRIED EGG (+\$.99) | 90 CAL

MEAL EXCHANGE

includes a fountain or Tractor® beverage, or coffee



GREENS & GRAINS



signature salads

CAESAR SALAD — \$10.49 | 480 CAL

Chopped Romaine Lettuce, Shredded Parmesan Cheese,
Scratch Made Croutons, Caesar Dressing

**served with your choice of protein

GARDEN SALAD — \$10.49 | 80 CAL

Spring Mix, Mini Roma Tomatoes,
Fresh Cucumbers, Shredded Carrots and Choice of Dressing

**served with your choice of protein

HARVEST BERRY SALAD — \$8.49 | 530 CAL

Arcadian Mix, Strawberries, Blueberries, Dried Cranberries,
Sunflower Kernels, Citrus Balsamic Vinaigrette

COBB SALAD — \$10.49 | 645 CAL

Romaine, Mini Roma Tomatoes, Hard Boiled Egg,
Blue Cheese Crumbles, Chicken Breast, Bacon, Ranch



create your own

SALAD & GRAIN BOWL

\$10.49

add extra protein +\$3.99 | additional toppings +\$0.99

CHOOSE 1 BASE, 1 PROTEIN,
4 TOPPINGS AND 1 DRESSING

BASE

CHOOSE GREENS, GRAINS OR 1/2 & 1/2

Arcadian Mix | 10 cal

Baby Spinach | 25 cal

Chopped Romaine | 35 cal

Chilled Farro | 650 cal

Red & White Quinoa | 400 cal

PROTEIN

CHOOSE 1

Lemon Dijon Chicken
Thigh | 150 cal

Blackened Shrimp | 90 cal

Chimichurri Tofu | 490 cal

Roasted Balsamic Portobello
Mushrooms | 60 cal

SPREADS & TOPPINGS

CHOOSE 4

Chilled Roasted Brussels
Sprouts | 40 cal

Roasted Chickpeas | 110 cal

Roasted Sweet Potatoes | 60 cal

Sumac Roasted Carrots | 50 cal

Pickled Cucumbers | 10 cal

Scratch Made Croutons | 60 cal

Toasted Pumpkin Seeds | 50 cal

Chilled Farro | 220 cal

Red and White Quinoa | 130 cal

Crispy Onions | 60 cal

Tzatziki Sauce | 30 cal

Pickled Red Onions | 15 cal

Hummus | 80 cal

Dried Cranberries | 65 cal

Sunflower Kernels | 50 cal

Roasted Beets | 30 cal

DRESSINGS

CHOOSE 1

Citrus Balsamic
Vinaigrette | 210 cal

Caesar Dressing | 270 cal

Vegan Green Goddess | 300 cal

Ranch Dressing | 310 cal

Honey Mustard | 300 cal

Classic Italian | 300 cal



Vegetarian



Vegan



Made Without Gluten



SANDWICHES

SERVED WITH JALAPENO COLESLAW, SCRATCHMADE SALT & PEPPER POTATO CHIPS, HOMESTYLE MACARONI SALAD OR A FRESH FRUIT CUP

DENISON GRILLED CHEESE — \$5.99 | 360 CAL

swiss, cheddar and provolone served on sourdough

GET CAPRA-ZAY — \$11.49 | 620 CAL

fresh mozzarella topped with sliced tomato, arugula, basil pesto and balsamic glaze, served on ciabatta

ITALIAN — \$11.49 | 720 CAL

ham, salami, sliced pepperoni, mozzarella cheese, lettuce, tomato, red onions, banana peppers and Italian dressing served on 8" hoagie

TURKEY BLT — \$11.49 | 460 CAL

slice turkey breast, pork bacon, lettuce and tomato served on wheatberry bread

MEDITERRANEAN — \$11.49 | 420 CAL

grilled chicken topped with hummus, tomatoes, spinach, cucumber, red onion and feta cheese served on pita bread

TUNA SALAD — \$11.49 | 570 CAL

tuna salad, lettuce and tomato served on wheatberry bread



build your own

SANDWICH

\$11.49

SERVED WITH JALAPENO COLESLAW, SCRATCHMADE SALT & PEPPER POTATO CHIPS, HOMESTYLE MACARONI SALAD OR A FRESH FRUIT CUP

CHOOSE YOUR BREAD

8" Hoagie | 280 cal 

Sourdough | 160 

Pita | 210 cal 

Ciabatta | 270 cal 

12" Wheat Wrap | 290 cal 

Wheatberry Bread | 160 cal 

Made Without Gluten Udi's
Multigrain Bread | 140 cal  

CHOOSE 2 PROTEIN

Tuna Salad | 300 cal 

Sliced Turkey Breast | 100 cal 

Chickpea Salad | 140 cal  

Grilled Chicken Breast | 310 cal 

Salami | 460 cal 

Ham | 150 cal 

Chimichurri Tofu | 490 cal  



MEAL EXCHANGE

includes a fountain or Tractor® beverage, or coffee



GREENS & GRAINS



CHOOSE 1 CHEESE

Cheddar | 110 cal  

Provolone | 80 cal  

White American | 100 cal  

Vegan Sliced
Cheddar | 50 cal 

Pepper Jack | 100 cal  

Fresh Mozzarella | 70 cal  

Feta | 80 cal  

Swiss | 110 cal  

CHOOSE 3 TOPPINGS OR SPREADS

Arugula | 0 cal  

Baby Spinach | 10 cal  

Cherry Peppers | 10 cal  

Red Onion | 5 cal  

Lettuce | 0 cal  

Cucumber | 10 cal  

Tomato | 10 cal  

Pickles | 0 cal  

Brown Mustard | 0 cal  

Mayo | 100 cal  

Vegan Mayo | 90 cal  

Balsamic Glaze | 70 cal  

Bacon and Tomato Spread | 190 cal
(+\$1.29)

Olive Oil | 130 cal  

Pesto | 100 cal  

Avocado | 120 cal  
(+\$1.49)

Hummus | 100 cal  

sides

JALAPENO COLESLAW | 150 CAL  

SCRATCHMADE SALT & PEPPER POTATO CHIPS | 530 CAL 

HOMESTYLE MACARONI SALAD | 250 CAL 

FRESH FRUIT CUP | 70 CAL  



BUILD YOUR BOWL | \$11.99

CHOOSE (1) BASE

White Rice	60 cal		
Spring Mix	10 cal		
1/2 greens & 1/2 grains	130 cal		

CHOOSE (3) TOPPINGS

Ginger Garlic Broccoli	50 cal		
Kimchi	20 cal		
Pickled Cucumber	10 cal		
Pickled Red Onion	30 cal		
Pickled Carrot	30 cal		
Sliced Scallions	5 cal		
Sriracha Edamame	60 cal		
<i>contains: soy</i>			
Fried Onions	30 cal		
<i>contains: wheat, gluten</i>			

CHOOSE (1) PROTEIN

Korean BBQ Beef	220 cal
<i>contains: wheat, gluten, soy, sesame</i>	
Ginger Soy Tofu	190 cal
<i>contains: soy</i>	
Roasted Chicken	190 cal
<i>contains: soy</i>	
Sweet and Sour Pork	540 cal
<i>contains: egg</i>	

CHOOSE (1) SAUCE

Ginger Teriyaki	50 cal		
<i>contains: soy</i>			
Wasabi Mayo	190 cal		
<i>contains: egg</i>			
Yum Yum Sauce	330 cal		
<i>contains: egg</i>			
Sriracha Honey	190 cal		



MEAL EXCHANGE

includes fountain, Tractor®
dispenser beverage, or coffee



Hello Bowl.

SIDES

Pork Napa Cabbage Dumplings (4pcs) \$2.99 | 250 cal
contains: wheat, gluten, soy, sesame

Vegetable Egg Roll \$1.99 | 170 cal 
contains: wheat, gluten, sesame, egg

Seaweed Salad \$4.99 | 90 cal  
contains: soy, sesame

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Vegetarian



Vegan



Made without gluten